



23 JULY 2025

ZOLPIDEM FOUND IN 'LORAZEPAM' PILL

A PRESSED YELLOW PILL with a score mark expected to contain only lorazepam was found to contain zolpidem ('Ambien' or 'Stilnox') also.

Zolpidem is a 'Z-drug' which is a medication with benzodiazepine-like effects normally used to treat insomnia. This is the first time that zolpidem, or any other Z-drug, has been detected in a benzodiazepine sample at CanTEST.

Effects of both benzos (like lorazepam - also in this sample) and zolpidem can include drowsiness, dizziness, memory loss and impaired coordination. The timeframes for onset and half-life can vary greatly between different benzos and Z-drugs.

Overdose risks can include respiratory depression, causing death.

Because of this, you should wait longer intervals before using another depressant (over 72hrs in some cases) to avoid the risk of an overdose. Your risk of harm is significantly increased if using depressants such as alcohol, GHB or opioids with benzos, consuming multiple different benzos in one pill, consuming benzos with Z-drugs or by consuming multiple pills.

It's easy to develop a physical dependency to both benzos and Z-drugs - abruptly stopping benzo use can come with significant health risks. Chat to a health professional before you do,

REDUCE THE HARM

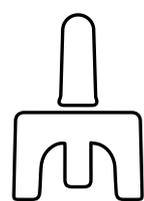
(Naloxone can reverse an unexpected opioid overdose)



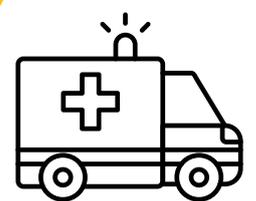
START LOW, GO SLOW



TEST IT BEFORE YOU TAKE IT



CARRY NALOXONE



POSSIBLE OVERDOSE? CALL 000