



29 JANUARY 2026

HIGH DOSE MDMA PILL

A YELLOW 'IRON MAN' PRESS PILL was brought to CanTEST for testing, expected to contain MDMA. The sample was found to have a mass of 494mg with 33% purity (163mg free base).

What does this mean? A common dose of MDMA is between 80-120mg. This means the amount of MDMA in this pill is significantly more than the amount a person may usually expect to take. The amount of MDMA in every tablet and capsule may vary a lot, even if they appear similar or are from the same batch, supplier or source.

EFFECTS

Signs of an MDMA overdose can include signs of serotonin toxicity, like confusion, agitation, overheating, seizures, fits, fast/irregular heart rhythm, muscle tension, uncontrolled movements (e.g. shaking foot/leg, wobbling eyes) nausea/vomiting, loss of consciousness.

The health risk is greatly increased if high amounts (within the 1 pill, or multiple pills) are consumed at one time or over an extended period (throughout a day/night). Some interactions with other stimulants and medications can increase the risk.

REDUCE THE HARM



START LOW,
GO SLOW



TEST IT BEFORE
YOU TAKE IT

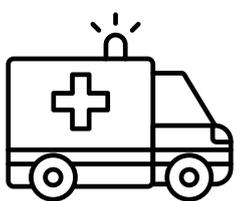


STAY HYDRATED
& KEEP COOL



CARRY
NALOXONE

(Naloxone can reverse an unexpected opioid overdose)



POSSIBLE OVERDOSE?
CALL 000